A person-centered care plan should include a section on disaster preparedness. To help people plan for emergencies, review preparedness checklists such as https://www.ready.gov/disability. The items below will help you organize your conversations with individuals to make sure they have considered all of their needs and are prepared for an emergency.

- **Does the person have back-up medication and supplies?**
  - Extra medications
  - Sufficient PPE
  - Diapers, catheters, dressing supplies
  - Food/Special feeds

- **Does the person have back-up equipment and power sources?**
  - Wheelchair
  - Extra batteries for things like hearing aids or assistive devices
  - Back up plan for ventilators, oxygen concentrators, lifts and other powered devices

- **Does the person have an evacuation plan?**
  - Where will they go?
  - How will pets or service animals be cared for?
  - If the power is out or personal support can’t get there, do they have a means of getting out of bed and out of the house/apartment?
  - What transportation is available?

- **Does the person have a list of people/local agencies who can be called on to help during an emergency?**

- **Has the person (and caregivers, if appropriate) practiced how to locate and use emergency equipment and how to evacuate, if needed?**

As the care manager, it is important for you to work with your health plan to ensure that the individual can access backup medications and other supplies to have them on-hand for an emergency.